

# Newsletter

## Fort Defiance Indian Hospital Board, Inc.

<http://www.fdihb.org>

Main Telephone Switchboard: (928) 729-8000

Emergencies: Call Navajo Nation Police (928)

<b>Adolescent Care Unit (Behavioral Health) 928-729-8500</b>	<b>Eye-Clinic (928) 729-8925</b>
Appointments and Intake Assessments:	Scheduled Appointments Only:
Call (928) 729-8500 to schedule an appointment.	Mo 8:00am - 12:00pm / 1:00pm - 5:00pm
Appointments scheduled vary depending on your therapy.	Tu 8:00am - 12:00pm / 1:00pm - 5:00pm
Mo 8:00am-12:00pm / 1:00pm-5:00pm	We 8:00am - 12:00pm / 1:00pm - 5:00pm
Tu 8:00am-12:00pm / 1:00pm-5:00pm	Th Closed Mornings / 12:00pm - 5:00pm
We 8:00am-12:00pm / 1:00pm-5:00pm	Fr 8:00am - 12:00pm / 1:00pm - 5:00pm
Th Closed Mornings / 12:00pm-5:00pm	*Walk-ins accepted only on emergency basis*
Fr 8:00am-12:00pm / 1:00pm-5:00pm	Dispensary Hours:
<b>Adult Medicine Clinic (928) 729-8658</b>	Mo 8:00am - 11:30am / 1:00pm - 4:30pm
Coral Appointment Desk:	Tu 8:00am - 11:30am / 1:00pm - 4:30pm
Call (928) 729-8658 / 8665 to schedule an appointment.	We 8:00am - 11:30am / 1:00pm - 4:30pm
Monday-Friday: 7:00am-4:00pm	Th Closed Mornings / 1:00pm - 4:30pm
Turquoise Appointment Desk:	Fr 8:00am - 11:30am / 1:00pm - 4:30pm
Call (928) 729-8688 / 8689 for a same day appointment.	<b>Home Based Care Program (928) 729-8467/8527</b>
Monday-Friday: 7:30am-4:30pm	<b>Mental Health (928) 729-8500</b>
<b>Community Health (928) 729-8470</b>	Mo 8:00am - 12:00pm / 1:00pm - 5:00pm
Health Promotion Disease Prevention (928) 729-8462	Tu 8:00am - 12:00pm / 1:00pm - 5:00pm
Public Health Nutrition (928) 729-8489	We 8:00am - 12:00pm / 1:00pm - 5:00pm
School Health (928) 729-8473	Th Closed Mornings / 12:00pm - 5:00pm
<b>Community Health Wellness Center (928) 729-8060</b>	Fr 8:00am - 12:00pm / 1:00pm - 5:00pm
Call (928) 729-8060 to schedule an appointment.	<b>Nahata Dził Health Center (928) 688-5600</b>
Monday-Friday: 7:00am-4:00pm	Appointments and Walk-in Patients:
<b>Dental (928) 729-8885</b>	Mo 8:00am-12:00pm / 12:30pm-4:30pm
Appointments and Walk-in Patients:	Tu 8:00am-12:00pm / 12:30pm-4:30pm
Mo 7:00am-12:00pm / 12:30pm-5:30pm	We 8:00am-12:00pm / 12:30pm-4:30pm
Tu 7:00am-12:00pm / 12:30pm-5:30pm	Th Closed Mornings / 12:30pm - 4:30pm
We 7:00am-12:00pm / 12:30pm-5:30pm	Fr 8:00am-12:00pm / 12:30pm-4:30pm
Th Closed Mornings / 12:30pm-5:30pm	*Due to high volume of walk-ins daily, last patient will be taken at 3pm*
Fr 7:00am-12:00pm / 12:30pm-5:30pm	<b>OB/GYN Clinic (928) 729-8770</b>
*Due to high volume of walk-ins, cut-off time is 2pm daily*	Mo-Fr 8am - 12:00pm / 1:00pm - 5:00pm
<b>Diabetes (928) 729-8467</b>	<b>Pediatric Clinic (928) 729-8710</b>
Appointments are encouraged by calling (928) 729-8467.	Appointments and Walk-in Patients:
Open through lunch. Walk-ins welcomed.	Mo 8:00am - 11:00am / 1:00pm - 4:00pm
Mo 8:00am through 4:00pm	Tu 8:00am - 11:00am / 1:00pm - 4:00pm
Tu 8:00am through 4:00pm	We 8:00am - 11:00am / 1:00pm - 4:00pm
We 8:00am through 3:00pm	Th Closed Mornings / 1:00pm - 4:00pm
Th 12:00pm through 4:00pm	Fr 8:00am - 11:00am / 1:00pm - 4:00pm
Fr 8:00am through 4:00pm	<b>Pharmacy (928) 729-8328</b>
<b>Wednesday Diabetes Classes (starts 7:30am - ends 9:30am)</b>	Outpatient and Refill Pharmacy Hours:
7:30am-8:00am	Mo 9:00am - 7:00pm
Screening (blood sugar, blood pressure, weight & height)	Tu 9:00am - 7:00pm
in the Zion Conference Room next to cafeteria.	We 9:00am - 7:00pm
8:00am-8:30am	Th 1:00pm - 7:00pm
Free Breakfast	Fr 9:00am - 7:00pm
8:30am-9:30am	**Saturday Hours:
Educational Class in the Diabetes Conference Room	**9:00am - 6:00pm / Closed 12:30-1:30pm
1) Insulin Teaching	Pharmacy closed Sundays and Holidays
2) Individual Teaching	<b>*24-Hour Pharmacy Refill Line: 1-877-432-6775</b>
3) In-Patient Teaching	<b>Physical Therapy (928) 729-8810</b>
Patients referred to appropriate clinic to complete yearly	By IHS Referrals Only
Diabetes Exams to:	Mo-Fr 8am - 12:00pm / 1:00pm - 5:00pm
Eye Clinic: 928-729-8925	<b>Podiatry (928) 729-8815</b>
Dental Clinic: 928-729-8885	<b>Respiratory Therapy (928) 729-8835</b>
Lab: 928-729-8840	<b>Security - Support Ops (928) 729-8121</b>
Podiatry: 928-729-8815	
Woman's Annual Clinic: 928-729-8770	
<b>Emergency Department (928) 729-8600</b>	
**Open 24 hours a day / 7 days a week**	