



For Immediate Release

October 5, 2021

Public Announcement

Community Flu Shot Blitz at Tséhootsooí Medical Center on October 13 & 14, 2021

FORT DEFIANCE, AZ - Tséhootsooí Medical Center (TMC) will be conducting two Community Drive-thru Flu Shot Blitz events on **Wednesday, October 13 & Thursday, October 14, 2021**. Each vaccination event will begin at 10:00 a.m. (MDT) to 3:00 p.m. (MDT).

Flu shots will be available for the following individuals:

- Four years old and older. Children under four years must schedule an appointment with TMC Pediatric Clinic
- A parent or legal guardian must accompany children (under 18 years old).
- Individuals who live within the communities FDIHB serves and have established Patient Medical Records at Tséhootsooí Medical Center or Nahata'Dziil Health Center

The flu vaccine protects vulnerable individuals like children, the elderly, and people with a weakened immune system (such as cancer), who are more likely to get severely ill. It also reduces the burden on our health care system, already stretched thin from caring for COVID-19 patients. Get your flu shot!

The vaccine is essential for people at higher risk of complications from the flu, including:

- Pregnant woman
- People who have certain medical conditions, including asthma, diabetes, and chronic lung disease.
- People who live with or provide care to infants.
- Adults age 65 and older.
- Children age five and younger.

Some people should not receive a flu shot without first speaking with their health care provider. This includes people who:

- I have had a bad reaction to the flu shot in the past.
- Are allergic to chicken eggs.
- Have a fever on the day they're scheduled for a flu shot.

There will be NO COVID-19 vaccination available on these days at Nihi Dine'É Ba Wellness Centers. COVID-19 testing will still be available at TMC southwest parking lot. Events and clinics are subject to change. For updates and changes, please look on our Facebook or Instagram pages.

*FDIHB has established a COVID-19 hotline (928-729-3435) to receive general questions regarding symptoms, testing, and vaccines. **The COVID-19 Hotline is only available Sunday - Saturday, 7 a.m. to 7:30 p.m.** Individuals can also visit fdihb.org/covid19.*

Dallas Ellsworth, Director of Marketing
928.729.8859 | Dallas.ellsworth@fdihb.org

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